



**MARGO BROOKS**

SENIOR LIVING CONSULTANT

# Community Comparison Chart

	<b>Active 55+</b>	<b>Independent Living</b>	<b>Assisted Living (Type A and Type B)</b>	<b>Memory Care</b>	<b>Residential Care Home</b>	<b>Skilled Nursing / Long-Term Care / Skilled Nursing / Nursing Home</b>
<b>Level of Care</b>	Independent	Independent; may need some assistance with activities of daily living (ADLs)	Residents typically need daily care for at least two activities of daily living (ADLs)	Secured area; residents need daily care for most of their activities of daily living (ADLs)	Typically need daily care for at least two activities of daily living (ADLs)	Typically have a skilled need or are in rehab due to a sentinel event or hospital stay
<b>Care Services (non-medical)</b>	Usually no; contract with outside company for assistance	Some have health services that office on-site and residents can contract for medication management, shower, grocery shopping, etc.	Typically rent includes base rate, plus level of care; care levels are determined after the client is assessed by staff; some communities offer all-inclusive rates; sometimes will have nurse on-site 24/7, but most will have on-call nurse on evenings and weekends	Usually rent is all-inclusive, meaning all care services are included. However, sometimes there will be an additional charge for incontinence; sometimes will have nurse on-site 24/7, but most will have on-call nurse on evenings and weekends; some communities will provide special training to caregivers specific to memory care	Usually rent is all-inclusive, meaning all care services are included. However, sometimes there will be an additional charge for incontinence; sometimes doctors, nurses, nurse practitioners will come on-site for patient visits; fewer number of residents, staff to resident ratio is typically higher than larger communities	With regard to rehab, fees are covered by Medicare; for long-term care, fees are private pay or Medicaid. For Medicaid, resident typically shares a room
<b>Home Health/Rehab</b>	Usually no; contract with outside company for assistance	Some have Home Health that office on-site; use the fitness center, common areas	Some have Home Health that office on-site; use the fitness center, common	Some have Home Health that office on-site; use the fitness center,	Home Health can be contracted to come on-site and work with resident	Rehab services are provided on-site

		and/or patient rooms for therapies	areas and/or patient rooms for therapies	common areas and/or patient rooms for therapies		
<b>Meals</b>	Usually no; sometimes will offer continental breakfast; resident-organized get-togethers	Usually will have at least two meals/day; sometimes included in the rent or you can buy a meal plan	Three meals/day; can be low sodium, gluten-free, sugar-free, chopped, pureed, etc. Some communities will hand feed	Three meals/day; can be low sodium, gluten-free, sugar-free, chopped, pureed, etc., will also hand feed	Three meals/day; can be low sodium, gluten-free, sugar-free, chopped, pureed, etc., will also hand feed; meals can be more customized to meet residents' needs	Three meals/day; can be low sodium, gluten-free, sugar-free, chopped, pureed, etc., will also hand feed
<b>Kitchen</b>	Yes, full	Yes, full; if not, community will provide three meals/day	Usually not a full kitchen; some will have kitchenette which has sink, refrigerator and microwave	Some will have a small kitchenette with refrigerator and sink	No kitchens or kitchenettes; however, some will allow resident to have a small refrigerator in their room	No kitchens or kitchenettes
<b>Activities</b>	Usually no "organized" activities; resident-lead activities	Lots of organized activities	Lots of organized activities	Lots of organized activities, especially activities geared toward cognitive stimulation	Some activities specifically tailored to residents' wishes	Some activities provided on-site
<b>Transportation</b>	Usually no; sometimes offered for resident-lead events	Usually transportation provided; 10-mile radius to include doctor visits, shopping, specially arranged outings (hair, nail salon, post office, specialty store, etc.)	Usually transportation provided; 10-mile radius to include doctor visits, shopping, specially arranged outings (hair, nail salon, post office, specialty store, etc.)	Dependent on resident's ability; for doctor's appointments, community will ask a family member to be at the visit	Usually, no transportation is provided	Usually, no transportation is provided, except for transport to hospital or specific community
<b>Housekeeping</b>	Usually no; but community will have suggestions for provider who	Usually one day/week included in the rent	Usually one day/week included in the rent; may also include daily bed	Usually a deeper clean one day/week; daily cleaning for bed making, trash	Daily cleaning, bed making, trash removal and tidying	Daily cleaning, bed making, trash removal and tidying

	services other residents		making and trash removal	removal and general tidying		
<b>Laundry</b>	Usually washer/dryer in unit; also laundry room on premises at no charge	Usually washer/dryer in unit; also laundry room on premises at no charge; may offer service for laundry for a fee	Usually provided; changing of linens and towels is typically included	Usually once/week; however, may launder soiled bedding, clothing as needed	At least once/week, but usually done as needed	All laundry services are provided
<b>Security Pendant</b>	Some will offer it for a monthly fee	Sometimes provided as part of the rent	Usually provided	Not usually provided as residents don't use the device	Not usually provided	Usually there is a communication device attached to the bed or in the room
<b>Pets</b>	Usually allowed for a fee (deposit or monthly)	Usually allowed for a fee (deposit or monthly)	Usually allowed for a fee (deposit or monthly)	Pets are not usually allowed; may allow visits by family pet, however	Pets are not usually allowed; may allow visits by family pet, however	Not allowed
<b>Utilities</b>	Usually all paid by resident	Utilities may or may not be included in the rent: electricity, wifi, cable, water, trash	Usually all utilities are included	Usually all utilities are included	Usually all utilities are included	All utilities are included in charges
<b>Amenities</b>	Usually will have amenities for seniors to enjoy (dog park, salon, pool, library, fitness, activities room, etc.)	Usually will have lots of amenities for seniors to enjoy (dog park, salon, pool, library, fitness, activities room, etc.)	Usually will have lots of amenities for seniors to enjoy (dog park, salon, library, fitness, activities room, etc.)	Will have amenities for seniors to enjoy, but usually on a smaller scale than assisted living	Amenities may include: sun room, patio, garden, living room/common areas, etc.	Amenities may include: sun room, patio, garden, living room/common areas, etc.
<b>Licensing</b>	Licensed similarly to multi-family apartment	Licensed similarly to multi-family apartment	State licensed/regulated	State licensed/regulated	There are licensed and unlicensed; if community has 3 or less, State of Texas does not require a license; long-term insurance and VA Aid & Attendance typically required the community to be licensed in order	State licensed/regulated

					to provide reimbursement	
<b>Fees</b>	Most affordable option	More affordable than assisted living	There are some communities that provide all-inclusive care, however most common is for community to charge rent + level of care	Usually rent is all-inclusive, meaning all care services are included. However, sometimes there will be an additional charge for incontinence	Range from low to very high, depending on many factors; usually unlicensed is the most affordable option; usually rent is all-inclusive, meaning all care services are included. However, sometimes there will be an additional charge for incontinence	If rehab stay, charges are covered by Medicare; if not, fees are covered by long-term care insurance, VA Aid & Attendance, private pay and Medicaid